



## MISSISSIPPI STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

**TED LONGO**

Has Established The  
**-82.5 MASTER 2A**  
**Equipped Record**  
**202.5 KG SQUAT**

**ARNOLD - MASTERS OF IRON PRO**  
*GOD WE TRUST*  
**03/04/2022**



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