



# MISSISSIPPI STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**TED LONGO**

Has Established The  
**-93 MASTER 2A**  
Equipped Record (2015-2021)  
**360 KG TOTAL PUSH-PULL**  
**BROTHER BENNETT**  
**09/25/2021**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport