



MISSISSIPPI STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

TED LONGO

Has Established The

-83 MASTER 2B

Equipped Record (2015-2021)

**125 KG BENCH PRESS SINGLE LIFT
EQUIPPED MASTER'S NATIONALS**

GOD WE TRUST
06/14/2021



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport