



MISSISSIPPI STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

TED LONGO

Has Established The

-83 MASTER 2B

Equipped Record (2015-2021)

205 KG DEADLIFT SINGLE LIFT

OLD MASTERS EQUIPPED CHAMPIONSHIPS POTCHEFSTROOM SOUTH AFRICA

10/07/2019



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport