



MISSISSIPPI STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

TED LONGO

Has Established The

**-83 MASTER 1B EQUIPPED RECORD (2015-2021)
205 KG DEADLIFT SINGLE LIFT**

**OLD MASTERS EQUIPPED CHAMPIONSHIPS POTCHEFSTROOM SOUTH AFRICA
10/07/2019**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport