



## MISSISSIPPI STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

**TED LONGO**

Has Established The

**-83 MASTER 2B**

**Equipped Record (2015-2021)**

**117.5 KG BENCH PRESS SINGLE LIFT**

**WORLD MASTERS EQUIPPED CHAMPIONSHIPS POTCHEFSTROOM SOUTH AFRICA**

*GOD WE TRUST*  
**10/07/2019**



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